# What will you get by being involved?

A friendly welcome and a cup of tea whilst meeting people.

The chance to be involved in how current and future mental health services are run.

Raising awareness of Mental Health issues with the general public and contribute to the reduction of stigma by working with "Time to Change".

If you need to travel by bus or tram to get to forum meetings, your fare will be refunded.

### **Contact us**

## Blackpool Fylde and Wyre Mental Health Forum

c/o Richmond Fellowship
Winstone House
199 Church Street
Blackpool
Lancashire
FY1 3TG

Telephone: **01253 295494**Email: **mhforum@tiscali.co.uk** 





### BLACKPOOL, FYLDE AND WYRE MENTAL HEALTH FORUM

The Forum was set up in 1992 to provide a voice for users of Mental Health services and their carers living on the Fylde Coast.

#### **Aims and Objectives:**

Helping to improve
Mental Health services by being
involved with Lancashire Care
NHS Foundation Trust,
Social Services, Healthwatch
and other local providers.



How often does the Forum meet?

Every 6 weeks - usually with a Guest Speaker on Mental Health related topics.

Is being a Forum member a commitment? No

Come to any meetings that you want to. It's fine if you only want to come every so often. There may be a specific matter you would like to discuss.

Anyone can attend the Forum.

Allowing service users and carers living on the Fylde Coast to meet and discuss their views, their needs and their concerns.

Promoting public awareness about Mental Health and Well-Being.



If you have experienced Mental Health problems and/or have an interest in Mental Health issues.